# Anujaa Navaratnaa

## HR Consultant & People Development Coach

Email ID: anu.consultant21@gmail.com

#### #9833102013

I have been an HR Professional, Knowledge Manager and also worked on multifunctional projects during my corporate tenure of more than 21 years. Strong on Ethics, Commitment driven, Process - oriented, Result - Oriented, Passion for excellence and Empathetic are some of the words that best describe me.

After my corporate stint, I took a break for personal reasons; during which I upskilled myself in various aspects of human behaviour and development. And, then, transitioned into the role of a Talent Development Coach; with expertise in Emotion & Relationship Management and as an Executive Coach, I work in the area of communications, habits, mindset and leadership.

With over two decades of dedicated experience in Knowledge Management & People Development, my profile stands as a testament to my expertise in managing processes & policies at workplaces. Throughout my career, I have consistently implemented strategies to train & retain top talent, fostering a culture of growth and productivity. I have demonstrated an unwavering commitment to building high-performing teams. With a proven track record of driving organizational success through people-oriented strategies, I partner with Businesses / Organizations to unleash their human resource potential and people related functions towards a healthy and great place to work.

#### Services:

- Career Coaching including Career transition
- Mid-Career Coaching
- Leadership Coaching
- PoSH Consultation
- HR Consultation
- Psychometric Assessments

# Professional Experiences:

- TWEET Foundation (Part time) Career Consultant (May 2021 till date)
- QMed Knowledge Foundation Trustee Board Member (April 2019 till date)
- PlugHR HR Consultant (Nove 2016 to March 2017)
- CRISIL Ltd KM Manager (Nov 1993 to Mar 2015)
- CRISIL Ltd HR Manager (Apr 2010 to Oct 2015)

### Education & Certifications:

- B.Sc., MA, MBA
- PoSH Consultant & Train the Trainer
- Life Coach (Academy of Coaches, UK)
- Gender (Queer) Affirmative Counselling (Social, Historical, Cultural, Biological, Behavioural, Emotional & Mental Health)
- Transaction Analysis Level One
- Neurolinguistic Programming (Basic Level)
- Certification in Career Counselling (Aptitude tests)
- Advanced Certification in Personal Counselling (CBT, REBT, TAT, CAT, Psychometric Assessment tools)
- Psychometric Assessment Practitioner (Personality, Career Motivators, TAT, etc)