



ARCHANA PADHI

ICF PCC TRANSFORMATIONAL CATALYST & EXECUTIVE COACH

A BIT ABOUT ME

A Resilience & Change Specialist with a strong foundation in the corporate world. My career journey has encompassed key roles within Banking, Operations, L&D, and Customer Experience at leading global organizations such as GE Capital, HSBC, and ICICI, where I gained valuable insights into organizational dynamics and individual development. As a Life Coach I leverage this expertise to empower individuals to navigate change effectively, build resilience, and empower them to achieve lasting personal and professional transformation

CERTIFICATIONS

- ICF PCC
- Licensed EI Coach -IAPCCT
- ECNLP Certified NLP Coach & Practitioner
- Wellness & Happiness Coach NLP Academy
- Advanced Diploma in Hypnotherapy
- Law of Attraction and Mindfulness Coach
- Pursuing MA Psychology

GET IN TOUCH

Email: archupadhi@gmail.com

CORPORATE ROLES HELD

- Managing Partner ,SME, Assistant Manager Operations, Training, L&D

CURRENT COACHING ROLES

- BETTERUP AS A CARE & DEMAND COACH since 2021
- Executive coach with Boldly since 2024
- Personal Transformation & wellness Coach with Know you More
- Executive Coach with Coach Base

INDUSTRY SPECIFIC EXPERIENCE COACHING EXPERIENCE

IT, Aviation, BFSI,Hospitality,healthcare,Finances, Ecommerce and Education

SPECIALIZED COACHING AREAS

- Executive Coaching,Worklife Balance
- Executive Presence and Time Management
- Wellness Coaching, Performance Coaching,Leadership Development for New Leaders, Midlevel Managers, Individual Contributors,Frontline Managers &High Potential Employees.

COACHING STYLE

As a Transformational & EI Coach, my approach centers on deep understanding and emotional support by encouraging my Clients in identifying and leveraging their inherent strengths and talents.

TESTIMONIALS

Archana's ability to listen intensely without judgement has allowed me to express my thoughts, limitations, beliefs in a free flow manner, this is great quality of Archana. She has helped me to address and zoom into those and resolve. With Archana's extensive knowledge and wisdom she is very well equipped to empower anyone she coaches. I am very grateful to Archana for working through my journey at an important time in my personal & professional life. **Veena, HR Business Partner,India**

I like that Archana really ensures that I explore all options, her mild-mannered yet inquisitive approach makes each session truly meaningful. Her compassion and kindness give me the courage to take a leap of faith in myself. Reconnecting with the values I thought I had lost has been incredibly uplifting. Thank you for listening to me and helping me on the road to become the better version of me :) **Grace Field HR Manager, Beijing**