

This is what some of my clients have to say...

Working with Shamim has been a truly transformative experience. Her guidance through PQ Coaching journey helped me build greater self-awareness, mental resilience, and clarity in both my personal and professional life. Her calm, compassionate approach creates a safe space for reflection and growth. I am grateful for her support and would highly recommend her to anyone seeking a meaningful, lasting change.

Alok Gupta

Owner HR Tech Company

Shamim has a strong presence, and you perceive her desire to help you since the beginning. She can help the client focus on the session's goal and be engaged in taking concrete actions after the session. The changes I experienced as a result of coaching with Shamim are that I feel more confident and aware of my skills and competencies as a professional and person. Shamim is a talented coach; her academic background is an incredible plus. She is committed and professional in leading every aspect of the coaching process. She can help the client to establish concrete goals and find effective strategies to realize them.

-Fabiana Memmolo

Executive Coach | Positive Psychology Scholar | Professor

Shamim Suryavanshi helped me plan my transition from IT freelance to author and blogger. Her sympathetic prompting and systematic follow-up methodology provided a discipline that helped me focus on both learning and achievement. I recommend her.

Ross Milburn

Author The Adaptive Society

My life as a professional and a leader has taken a different trajectory. Shamim as a coach had a profound impact on my personal and professional growth. Thanks to Shamim's coaching, I have gained a deeper understanding of myself and have developed a set of tools that I can use to improve my relationships, enhance my work performance, and increase my overall well-being. I wholeheartedly recommend Shamim. She is a skilled and dedicated coach who will help you achieve your goals and unleash your full potential.

Sameer Arora

Principal I IB School Leader

Shamim has been an important part of my 2022 growth journey. She was my coach for a period of 5 months, and I benefited in more ways than one during that period. She is kind, friendly, and assertive when she needs to be. While she respected my pace, she also challenged me to push myself and steered me in a forward direction. Her coaching methods always prompted me to think and question the validity of my thoughts. In partnership with her I was able to decide my next course of action. As a growing coach myself, I truly admire her work ethic and her commitment to her clients. Thank you, Shamim for PQ, for GROW, for the opportunities you gave me and for all the takeaways.

Bhakti Talati

Coach for Corporate Millennials

Shamim is an extremely professional yet empathetic coach with a genuine interest in her "coachees". What I carried back from her coaching sessions, in terms of clarity and positivity, continue to inspire me.

Dr. Shalini Bhorkar

Lecturer, Module Convernor