

YOUR PATH TO GROWTH



Coaching is a personalized journey where I guide you to unlock your potential with clear strategies and practical steps.

**It's about growing every part of your life—
work, money, business, family,
relationships, personal goals, and spiritual
peace—in balance.**

**My holistic approach helps you thrive as a
whole person. Let's make it happen!**

WHY COACHING IS A GAME CHANGER

I empower you to excel in every dimension of life:

Work & Business

Achieve success aligned with your vision and values.

Money

Strategize confidently for financial freedom and ease.

Family & Relationships

Cultivate deeper, more meaningful connections.

Personal Growth

Evolve into your most authentic, capable self.

Spiritual Growth

Discover purpose and inner tranquility.

By integrating growth across these domains, you achieve true harmony and fulfillment.

COACHING'S GLOBAL IMPACT

Leadership:

Boosts decision-making; top firms are 8x more likely to coach (McKinsey, 2019).

Innovation:

62% of coached firms outperform in revenue (ICF).

Engagement:

19% higher engagement, lower turnover (HBR).

Resilience:

Builds leaders for complexity (McKinsey, 2020).

Culture:

86% see ROI, fostering trust (ICF).

Leaders:

Google's "Project Oxygen," Microsoft's transformation rely on coaching.

Insight:

"Everyone needs a coach" – **Bill Gates.**

TANGIBLE & INTANGIBLE OUTCOMES OF COACHING

For Individuals

Tangible

Career and financial growth, stronger relationships, skills in leadership, conflict resolution, and time management.

Intangible

Confidence, resilience, clarity, purpose, creativity, mindfulness.

For Organizations

Tangible

Higher ROI, productivity, goal achievement.

Intangible

Innovation, adaptability, loyalty, engagement.

Executive & Holistic Coaching

HOW IT WORKS

Free 30-Min Chat

Explore your goals

Custom Plan

Your tailored roadmap

Sessions

Weekly 60-minute talks

Tools

Simple exercises for progress

Support

Email check-ins

TESTIMONIAL



Ajeet S Choudhary · 1st

Head - Lending

May 22, 2025, Ajeet S was Aashi's client

Aashi possesses a unique combination of expertise, patience, empathy and a keen ability to listen. She is always approachable and willing to dedicate her time to support my personal and professional development. She is a master in her trade, I recommend Aashi as a professional coach to have a directional shift in an individual's mindset and to have true life goals.



Prince 30 Nov 2024

[Report](#) [Respond](#)



I had an incredible experience working with Aashi, and I truly feel that our sessions made a significant impact on both my personal and professional life. From the very first meeting, Aashi created a safe and supportive environment that allowed me to open up and explore areas I had previously overlooked. Her ability to listen actively and ask the right questions helped me gain deeper insights into my goals, challenges, and overall direction.

One of the things I appreciated most was Aashi's tailored approach. They didn't follow a one-size-fits-all method but instead understood my unique situation and adapted their coaching style to meet my specific needs. Whether it was helping me clarify my career goals, improve my time management, or navigate personal growth challenges, their guidance was both practical and empowering.

Throughout our sessions, I noticed a real shift in my mindset. I became more confident in my decision-making, better at setting boundaries, and more proactive in taking ownership of my actions.

Thanks to her coaching, I've made measurable progress toward my goals and feel more aligned with my purpose.



Pranav 10 Dec 2024

[Report](#) [Respond](#)



Ashi is an amazing person as a mentor, She is a result driven coach who likes to keep things simple and focused . I liked her approach to deal with individuals which was very specific, to the point, soft spoken and professional.

In one line as a coach ,she is a deadly combo of right intellect clubbed with good observation,a soft spoken knowledge sharing mentor. All the best ❤️



Raghav 03 Dec 2024

[Report](#) [Respond](#)



I've had the pleasure of working with Aashi and it's been an amazing experience. From our first session, it was clear that her approach is both professional and deeply compassionate. She took the time to truly listen and understand my unique challenges, goals and aspirations.

One of the standout qualities is her ability to ask the right questions that stimulate introspection, helping me uncover not just surface-level goals but the deeper motivations driving my actions. She's helped me gain clarity on my goals and provided practical tools to stay on track. I truly appreciate her supportive, no-pressure approach..

Aashi is a brilliant listener and she's been adept at getting me to discover things about myself that I didn't realize existed within me. She has spent the time to make me identify and understand how some of my beliefs have been the real reason why I have been stuck in the past. She works hard to make sure I get the best attention, and doesn't hesitate to spend a little extra time whenever required, to ensure that I'm not left hanging in the middle of a breakthrough. She has been and is continuing to be a great support as we continue our coaching journey together. I think I am blessed to have discovered her!

Aman, coachee · 2024

ABOUT ME

I'm **Aashi Bisariya**, an **ACC**-certified coach, **NLP** practitioner, and **Emotional Intelligence** expert with over 700 hours of experience, empowering 50+ individuals. My 13+ years in corporate leadership inspired me to unlock human potential through coaching.

Strengths:

- **Empathetic** insight fosters trust.
- **Neuroscience**-based strategies drive clarity.
- **Holistic** focus ensures lasting impact.
- **Results**-driven: clients **gain** growth, resilience, and balance.

Philosophy: Coaching is a partnership rooted in clarity and accountability. I craft tailored agreements with clients and sponsors, aligning goals while upholding ICF confidentiality standards, blending empathy and strategic tools for progress.



READY TO LEVEL UP?

Coach Aashi
8447609858
hello@pragyatara.com