

Dr. Gautami Chattopadhyay

Psychotherapist | Posh Certified | NLP Certified | Behavioural Expert |

OD Interventionist | Relationship & Wellness Coach |

Facilitator | 20 +y ears working with Corporates & Academics

My Contact



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Programs Conducted

- Art Music Color-based therapeutic workshops
- POSH
- Financial Wellness & Decision Making
- Personal Effectiveness
- Master your Communication Skills
- Negotiating & Group Dynamics
- Attention to Details
- Certified facilitator NLP Practitioner
- TA Practitioner
- Theater & Story Telling based Workshops

Soft Skill

- Coaching
- Counselling
- Communication
- Facilitation (in 3 languages)

Professional Associations

- Founding Member of ICF Kolkata coaching community
- NGOs, Health & Educational Institutions

Cachar Cancer Hospital and Research Centre

National Human Rights and Corruption Prevention Organisation (NHRCPO), Calcutta Rescue, St. Xavier's University Kolkata, Amity University Kolkata, SNU, TIU and others

About Me

I am a Confi-Coach working as a Consulting Psychotherapist, Business, Relationship & Wellness Coach and Behavioural Expert & Trainer with Corporate and Educational Sector. Further, I am working as a Management Faculty with the Universities of West Bengal and Odisha. My humble beginnings in this field were as a Communication & Personality Development Faculty conducting classes & workshops for the Management Students from the year 2006. I maintain zestful approach towards Learning and Development.

Educational qualification: PhD in Behavioural Finance, M. Com, Masters in Psychotherapy and Counselling, Diploma in Training & Development (ISTD) and Diploma in Industrial Psychology

<u>Certifications:</u> Certified Psychometric Assessor and NLP Practitioner, TA 101 (Transactional Analysis), Validated by the British Council as Professional Development Trainer (Core Skills), Certified POSH Trainer & OD Interventionist

Years of training experience: 18

Years of overall experience: 21

<u>Industries Worked with:</u> Banking, Financial Services & Insurance, Automotive Manufacturing, Retail, FMCG, IT & ITES, Education and Training

<u>Companies Trained for</u>: IDBI Bank, Allahabad Bank, Bharti Axa General Insurance Ltd. Edelweiss Group, Landis Gyr, Tata Power, Tata Motors, Future Group, Wipro Consumer Care & Lighting, Capgemini, AGC Networks Ltd. Sify Technologies, Simplex Infrastructure, Ingram Micro, L&T Financial Holdings, Bentley Systems, ITC Ltd., Exide Industries,

<u>Field of expertise:</u> Coaching; Psychology &Counselling; Organizational Behaviour; Communication and Soft Skills; Behavioural Sciences; Women Empowerment & Development;

<u>Extracurricular activities:</u> Traveling, Volunteering for Social Causes