



# NITIYA SAPRU

## ICF Associate Certified Coach

### My Contact

-  [nitiyasapru@gmail.com](mailto:nitiyasapru@gmail.com)
-  +971 555574314
-  +971 555574314

Dubai, UAE

### What I believe in

Change begins within  
Learning fuels growth  
Action drives transformation

### About Me

#### ICF Associate Certified Coach Oct 25

Growth and Mindset Coach who believes lasting change begins within. When the mindset shifts, achieving goals becomes easier and more meaningful.

I support individuals in understanding themselves and moving from chaos to clarity. My work focuses on creating a safe, non-judgmental space that enables meaningful self-discovery and forward movement.

### Dubai

**Freelance Research Consultant | Dubai (2010–2014, 2021–2023)** – Managed independent research projects, delivering actionable insights for clients.

### Education Background

ICF- Certified Coach (ACC) - 2025  
Currently on the path to PCC

#### Guiding Light Coaching

PGDBA (2001-2003) IES  
Management College and Research Center, Mumbai

Bachelor of Science. [Statistics]  
(1997-2000) - KC College Mumbai University.

### Mumbai, India

**2003 to 2004**

**Drshti Strategic Research Services Pvt Ltd**

**2004 to 2008**

**The Nielsen Company, Mumbai, India**

Managed research projects, advancing from Junior Research Executive to Manager.