



NITIYA SAPRU

ICF Associate Certified Coach

My Contact

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Dubai, UAE

What I believe in

Change begins within
Learning fuels growth
Action drives transformation

Education Background

ICF- Certified Coach (ACC) - 2025
Currently on the path to PCC

Guiding Light Coaching

PGDBA (2001-2003) IES
Management College and Research
Center, Mumbai

Bachelor of Science. [Statistics]
(1997-2000) - KC College Mumbai
University.

About Me

ICF Associate Certified Coach Oct 25

Growth and Mindset Coach who believes lasting change begins within. When the mindset shifts, achieving goals becomes easier and more meaningful.

I support individuals in understanding themselves and moving from chaos to clarity. My work focuses on creating a safe, non-judgmental space that enables meaningful self-discovery and forward movement.

Dubai

Freelance Research Consultant | Dubai (2010–2014, 2021–2023) – Managed independent research projects, delivering actionable insights for clients.

Mumbai, India

2003 to 2004

Drshti Strategic Research Services Pvt Ltd

2004 to 2008

The Nielsen Company, Mumbai, India

Managed research projects, advancing from Junior Research Executive to Manager.