

My Philosophy

Authentic Partner and Catalyst, for Evolving Leaders, Teams, Organizations, Systems & Communities that support people & planet centred profits, while promotes, individual and collective systemic growth.

Anushly Sithamparam (About Me)

- In this life process, my intention is, for me to be an instrument of Love, Compassion, Empathy, Kindness and Gratitude to every life I touch through the collaborative spaces that I hold for, coaching, mentoring, therapy and supervision conversations.
- I promise to hold spaces that matter the most to the individuals, organizations and systems, for them to discover their Truth, Authentic Potential and Possibilities.
- In this co-created process, as we collectively evolve and heal, my intention is to consciously or unconsciously contribute to manifesting and elevating the Collective Human Self Consciousness for the Greater Good, by promoting People & Planet centred profits.

Testimonial

- "My sessions with Anushly have been extremely insightful and beneficial. Through the sessions, she allows one to identify goals, chart out paths comfortable for one and set out on the self-improvement journey with well-defined actions and Return on Investment and Return on Impact. She has been extremely both beginner-friendly & shared wisdom and patient throughout our self-reflection conversations. Her sessions and mentoring methods are a great value add to anyone looking to work on their personal development."
- "Anushly was skillful and graceful in facilitating the self-discovery, complexity for our org and during the session itself, she was already making changes in the way we perceived ourselves, our culture, our strengths and relationships. I appreciated the loving space."

Collective Engagement to Evolve

With a rich global portfolio spanning over 20 years, Anushly is a deeply respected coach and coach developer, known for her depth, intuition, and transformational presence. She supports leaders, teams, and coaches across cultures to emotionally intelligent, resilient, agile, aligned and leadership presence and practices. She is also a mentor coach and coach supervisor committed to empowering 200+ global coaches community of her own and volunteering support through some community of practice roles from International Coaching Federation.



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We guide you to discover the strength that lies within yourself. Life is a journey, and success is the path you choose. With clarity and purpose, we guide you to walk it boldly and own every step with **confidence and power.**

Anushly Sithamparam

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Read more at improshareglobal.com



Work Experience

- Team Coaching Supervisor for Global Team Coaching Institute since June 2022.
- Executive Coach for the Wild Network Social Impact Project by Ethical Coach since June 2022.
- ICF Accredited Coach Training Partner with Abhyudaya Global Coach Circle since 2020
- Professional Certified Coach, Mentor Coach & ICF Certified PCC Assessor since 2021
- Adult Trainer certified by Junior Chamber International, Dialog Axiata PLC, City & Guilds, Door South Asia & SIP Abacus and BrainGym
- Human Resources Partner at Dialog Axiata PLC since 2011 to 2012
- Independent Corporate Trainer, Business Consultant & Mentor since 2003
- Management Consultant & Human Capital Development Consultant at G S Global Holdings 2018 to 2020
- Human Resources Business Partner (Dialog Enterprise Business/Human resources & Corp Com/National Sales) at Dialog Axiata PLC: A Telecommunication Company - 2009 to 2012
- Credit Service Officer at Dialog Axiata PLC: A Telecommunication Company - 2007 to 2010

Coaching & Coach Development Experience

- 10,000+ coaching hours with executives, entrepreneurs, leaders and teams, globally in English, Tamil & Sinhala.
- Peter Hawkins Systemic Coaching Prog Faculty (Supervisor)
- MCC Certified Coach(Reading Credential), Certified Mentor Coach
- Certified Coaching Supervisor (EMCC) & practicing since 2021
- Certified & Accredited Team Coach (ICF) / EMCC)
- ICF Global Ethics Ambassador
- ICF Global DEIB Education Task Force Committee Member
- ICF Global DEIB Member Resource Group Lead, Young Professional
- ICF Colombo Chapter Ex Co Board from March 2022.
- Lean six Sigma Black Belt Practitioner since 2018
- Organizational Relationship & Systemic Team Coaching (ICF)
- Dr Marshall Goldsmith certified Stakeholder Centred Executive Coaching & Global Leadership Development 360 Scholar
- Developed 200+ global Coaches, including UAE.
- Client industries include more than 10 industries which includes clients from more than 15 countries, as mentioned above.
- Expertise is the ability to navigate a conversation on a deeper level beyond surface-level layers for them to self actualize by exploring their deeper self, their team and their system, for them to create sustainable and holistic impact.